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SENIOR CENTER IS OPEN MONDAY THRU FRIDAY



www.scobbv.wordpress.com

EMAIL: scobbv@charter.net

SENIOR VALLEY NEWS

Volume 39 Number 3 (909) 584-0323

March 2024

2024 EXECUTIVE OFFICERS

PRESIDENT: Carol Titchner— VICE-PRESIDENT: Dena Johnson
TREASURER: Susan Chaidez —SECRETARY: Carolyn Chavez

BOARD OF DIRECTORS

Pearl Gornik —Janise Hawk —Lee Hiett— Jerry Merino
Val Morgan —Mary Powers

MEETING DATES

Board Meeting March 5 at 9:30 a.m. Senior Center
General Meeting March 11 at 1p.m. Senior Center



TURN CLOCKS
FORWARD
MARCH 10



Carol's Corner

Hello March. March is a good month to bring more smiles and happiness to my family and friends at the Senior Center.

We received a thank letter from Bear Valley Meals on Wheels for our donation of \$6000 this past year.

I am happy to announce a new activity at the Senior Center, Join us for a movie with popcorn every 3rd Tuesday starting at 1 p.m.

Carol



Senior Center Closure Hotline

(909) 866-6480

NEWSLETTER IN COLOR ON OUR BLOG PAGE

www.scobbv.wordpress.com

FOOD BANK

March 22

11:00 A.M.



If you sign up for a lunch, breakfast, or Socials and find out that you are not coming in on the day of, please call the office at 909-584-0323.

THRIFT STORE IS OPEN!

1013 W. Big Bear Blvd., Big Bear City

TUESDAY

WEDNESDAY

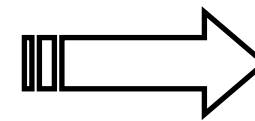
FRIDAY

SATURDAY

Day and hours subject to change due to availability of volunteers and weather. (909) 585-0131

We could always use volunteers such as cashiers and sorters. Contact the Senior Center.

SCAN HERE



DISCLAIMER

Disclaimer is a statement that denies something, especially responsibility of the editor.

We welcome your articles and non copyrighted pictures: our email address: scobbv@charter.net or leave in the office. We love your good comments.

NEWSLETTER DEADLINE IS March15

WANTED

NEWSLETTER EDITOR

SEE OFFICE OR CAROL

(NEWSLETTER CAN BE DONE IN THE OFFICE)

THE TRAVEL CLUB MEETING

1st Mondays at 11:00 a.m.

Kathleen Payne, Coordinator

(909) 936-2210

This day in history



On Wednesday, **March 20, 1985**, at 9:00 a.m., Libby Riddles became the first woman to win the Iditarod Trail Sled Dog Race, the dog-pulling sled race from Anchorage to Nome, Alaska. Riddles checked into Safety, the last checkpoint before the finish line, many hours ahead of her nearest competitor. She raced with a thirteen-dog team through debilitating blizzards in 18 days, 20 minutes, and 17 seconds, and won \$50,000. Riddles put the Iditarod on the map with her story-book win and her photo on the magazine covers and front pages of many newspapers. The next three Iditarods also were won by a woman, Susan Butcher, who in 1987, had a then record-breaking time of 11 days, 2 hours, and 5 minutes. www.loc.gov

SOCIAL NEWS AND MEMORIES

At February's Social, we had a tie in the Guessing Game. The number of valentine lollypops were 117. Dawn & Ellen will each get a \$25 gift card for Stater Bros.

Our Next Social will be March 23

The Senior Center will be open 10 a.m. to 3 p.m. serving assorted snacks, donuts, chips and dip including beverages. We will have Corned Beef Cabbage, Red Potato & Carrots, Salad, Fruit with cupcakes for desert .

We've decided to change our monthly cakes to cupcakes because it is easier to serve.

April Social will be April 20 serving Fried Chicken.

The Big Bear Rotary Interact Club will have Easter Egg coloring after lunch and will provide all the material.

We need volunteers to help plan, set up on the day Friday before the social after lunch is over and to help clean up after the social is over.

Thank you

YOUR SOCIAL COMMITEE

OUR SUNSHINE LADY

If you know someone who is ill or needs a little cheer, or a miss you card, contact Dena Johnson at (909) 205-0319.



No cards were sent.

March Birthday Greetings

Mel Niez, Chris Bennett, Sally Davis, Yvette Cordero, Susan Chaidez, Bob Grimes, Richard Stohr, Jeff Shakeri, Barbara Wilson, Dena Johnson, Jack Draper, Darrald Larter, Charles Kronmiller, LaDonna Wise, Allen Parker, Pamela Olson, Barbi Schon, Joyce Crist, Andrea Benson, Betty Zdenek, Cathy Lesnick, Mary Funk, Kiki Bolstad, Beth Grieco, Herlinda Marez, Gerri Embree, Elise Vazquez, Susan Bain, Bryan Jackson

It's time to gear up for spring cleaning and working in the yard! But remember, household cleaners, pesticides, and other chemicals can be dangerous. Be aware of common product ingredients, what they are intended (and not intended) to do, and how to use them.

Keep these five poison prevention tips in mind.

1. Read the directions for use on product labels to avoid poisoning or injury.
2. Don't mix chemicals, household cleaners, or detergents as this can create a poisonous gas.
3. Turn on fans and open windows, especially in small spaces. Take frequent breaks for fresh air while cleaning.
4. Keep children and pets out of areas where household cleaners and other chemicals are being used.
5. Call the Poison Control Hotline at 1-800-222-1222 to connect to your local poison center.



February Social Pictures





St. Patrick's Day

- ◇ It is celebrated on March 17, the anniversary of St. Patrick's death in the fifth century.
- ◇ It is a religious holiday for the Irish, who would attend church in the morning and celebrate in the afternoon.
- ◇ St. Patrick was born in Britain as Maewyn, and was abducted and enslaved by Irish marauders when he was sixteen.
- ◇ There is some dispute over where he was held captive, but he escaped after six years and returned to Britain.

Monthly General Membership Meeting

March 11, 2024 at 1 p.m.

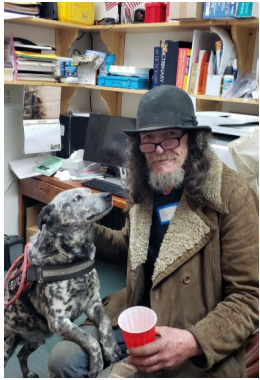
Speaker: Bear Valley Community Hospital (There will be a health fair May 18 in the hospital parking lot from 9 a.m. to 3 p.m.)

Attend our monthly meetings for a chance to WIN one out of four \$25 drawings.

Refreshments served.

Be sure to pickup your copy of our monthly activities calendar at the senior center.

FREE Tax preparation services will be offered at the Senior Center on April 12 9:30 a.m. to 4 p.m. Call to Schedule Your Appointment: 1 (877) 410-8859



GETTING TO KNOW
YOUR
SCOBV MEMBER
ROGER BORING

Roger Boring (64) is a new member of SCOBV joining this past January. He is the son of Pat Boring and Roger used to bring Pat to the senior center. Roger has been in living in Big Bear Valley most of his life but was too busy to join SCOBV.

He enjoys and continues to help people in need. He has one daughter, one son and 2 grandbabies. His previous life was being a contractor.

Pictured with his pet, Keohead is a 9 year old service dog.

As Roger is still figuring out the secret to long life, he believes its important to get out and do something everyday.



DID YOU RENEW YOUR MEMBERSHIP?

Renewal extended to March 16.

\$10 per person or \$20 per couple. Payment can be made in person when the Senior Center is open. You can also mail in your check payable to:

SCOBV

P.O. Box 6644

Big Bear Lake, CA 92315

If you do not renew, you will no longer receive the newsletter or be eligible to attend any socials, participate in any club activity or use the Eagles Roost.

If you did renew, Thank You!

MEALS

Please sign up for lunches at least 2 days before inside the Senior Center. For lunches on Monday or Tuesday meals, call the Friday before. This allows time to place your meal order with the restaurant so they can order ingredients. Please don't call at the last minute, the order has already been placed and prepared, however we do get cancellations so call and be sure. **MEAL ITEMS SUBJECT TO CHANGE.** These meals are provided through the Big Bear Valley Recreation and Parks District with funding primarily from the Department of Aging supplemented by \$400 per month from the SCOBV.

Copies of the menus and current month activities are available at the Senior Center.

LUNCH STARTS AT 12:00 (PLEASE BE SEATED BY 11:45) THURSDAYS BREAKFAST STARTS AT 9:00 A.M. (PLEASE BE SEATED BY 8:45 A.M.) Suggested donation \$3 per meal

Senior nutrition meals Monday through Friday is done by County. Monthly socials is a SCOBV function and requires membership to participate.



MENU FOR MARCH 2024 (only the main Entrée is listed)

Friday	March	1	PORK CHOP
Monday	March	4	STUFFED PASTA SHELLS
Tuesday	March	5	FRIED CHICKEN
Wednesday	March	6	POT ROAST
Thursday	March	7	FRENCH TOAST
Friday	March	8	BAKED COD
Monday	March	11	TURKEY
Tuesday	March	12	CHICKEN TACOS
Wednesday	March	13	MEATLOAF
Thursday	March	14	EGGS & BACON
Friday	March	15	BAKED CHICKEN
Monday	March	18	CHEESEBURGER
Tuesday	March	19	CHICKEN FETTUCINE
Wednesday	March	20	BBQ RIBS
Thursday	March	21	EGGS & TOFU
Friday	March	22	BEEF & BEAN BURRITO
Monday	March	25	CHILI MAC
Tuesday	March	26	CHEESE ENCHILADAS
Wednesday	March	27	CHICKEN COBB SALAD
Thursday	March	28	AVOCADO OMELET
Friday	March	29	PULLED PORK SANDWICH